



## Upcoming Events at the Royal Foundation of St Katharine

Over the next few months leading up to Christmas 2020 we will be hosting a number of events in addition to our normal retreat programme. Many available online and in person at the foundation. We hope you will join us for some or all of these events as we look to bring some Joy during these unprecedented times. Below you will find a snapshot of some of the events we are hosting this Autumn.

### Online Mental Health First Aid Training

November 10 @ 10:00 am - November 13 @ 12:30 am

[Click Here for more information and to Book](#)

**Mental Health First Aid (MHFA)** is an internationally recognized training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis.

MHFA England training won't teach you to be a therapist, but just like physical first aid, it will teach you to listen, reassure and respond, even in a crisis.

Adult MHFA England courses are for everyone aged 16 upwards. Every MHFA England course is delivered by a quality assured Instructor Member who has attended our Instructor Training programme accredited by the Royal Society for Public Health, and is trained to keep people safe and supported while they learn.

### Nourishing Connections :- Women in the Bible, Exhibition, Book and Concert

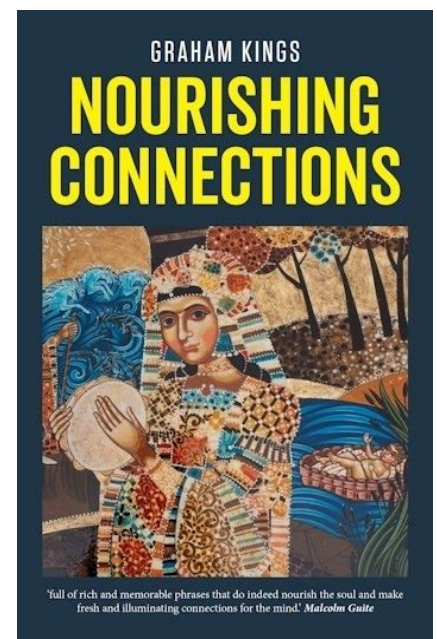
November 20 @ 1:30 pm - 9:00 pm

We have a number of tickets available for all parts of the day, so you can attend all or parts of the day as suits you. We have tickets available for:

- Book launch and Supper
- Concert Ticket
- Online Concert Ticket
- Concert and B&B
- Viewing of the Painting

[Click Here for more information and to Book](#)

We are delighted to host Silvia Dimitrova painting exhibition, Graham Kings book launch and Tristan Latchford concert.





World Premiere Exhibition of Silvia Dimitrova's 7 Paintings, 'Women in the Bible', 1.30pm-3.00pm.

Book launch of Graham Kings's Nourishing Connections: Collected Poems (Canterbury Press), which include seven poems on Silvia's paintings, 4.30pm-5.00pm.

World Premiere of Tristan Latchford's seven anthems, on Graham's poems and Silvia's paintings, 7.00pm – 8.30pm live on YouTube.

The group of anthems are entitled 'A Celebration of Women in the Bible', and are of a 'Neo-Baroque' style.

The seven anthems are: Sarah, Miriam, Ruth, Esther, Mary Magdalene, Lydia, and Priscilla.

Composer and Conductor – Tristan Latchford

### **St Katharine's Winter Jazz Festival**

December 5 @ 4:00 pm - December 8 @ 11:00 am

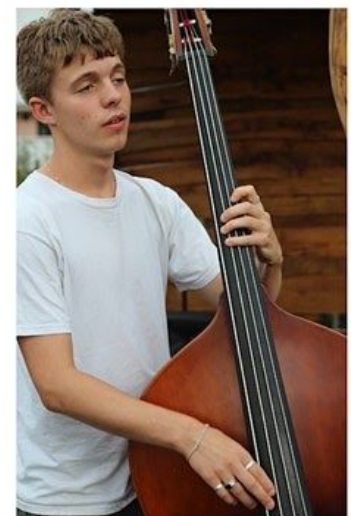
The Royal Foundation of St Katharine is hosting a Music Festival from our Chapel this December.

During your stay in addition to your bedroom you will have access to some lovely spaces including our lounge, garden and little library.

Our Chapel is a fantastic intimate COVID Secure venue for live music.

We will be collaborating with artists such as Raffy Bushman and Grace Notes. We will also include accommodation, full board throughout the festival and meet the artist session.

More details to follow!





## St Katharine's Winter Music Festival presented by Red Velvet Sessions

December 9 @ 2:00 pm - December 13 @ 11:00 am

[Click Here for more information and to Book](#)

The Royal Foundation of St Katharine is hosting a Music Festival from our Chapel this December.

During your stay in addition to your bedroom you will have access to some lovely spaces including our lounge, garden and little library.

Our Chapel is a fantastic intimate COVID Secure venue for live music.

We will be collaborating with Red Velvet Sessions with one artist performing each day from 4 – 5.30pm. Included in the price will be a signed CD from each artist, and a 'meet the artist' session on each day. Vinyl will also be available to purchase.

We are particularly pleased that Adam Beattie will be launching his new album on Saturday.

We will also include accommodation and full board throughout the festival.

### Festival Schedule

Wednesday 9th Dec – Fiona Bevan

Thursday 10th Dec – Gabriel Moreno

Friday 11th Dec – Samantha Whates

Saturday 12th Dec – Adam Beattie

